

Doctor visit notes

Appointments go fast. Fill in the top half before you go and the bottom half while you're there.

BEFORE THE VISIT

What's changed since last time, even small things

Our top 3 questions

☐ Bring: medication list, insurance card, these notes

DURING THE VISIT

Findings or new diagnosis

Medication changes

Instructions, in their exact words

AFTER THE VISIT

Follow-up date

Who books it

Who in the family needs to know
